



***Evan Brand,  
CFMP, NTP  
Presents:***

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**Candida From A  
Functional  
Perspective**

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## My Candida Story...

- Severe Brain Fog
- Anxiety and Panic
- Depression
- Mood Swings
- Sleep Issues
- INTENSE Sugar Cravings
- Bloating
- Alternating Bowels
- Lack of Energy
- NO Motivation



# Who am I?

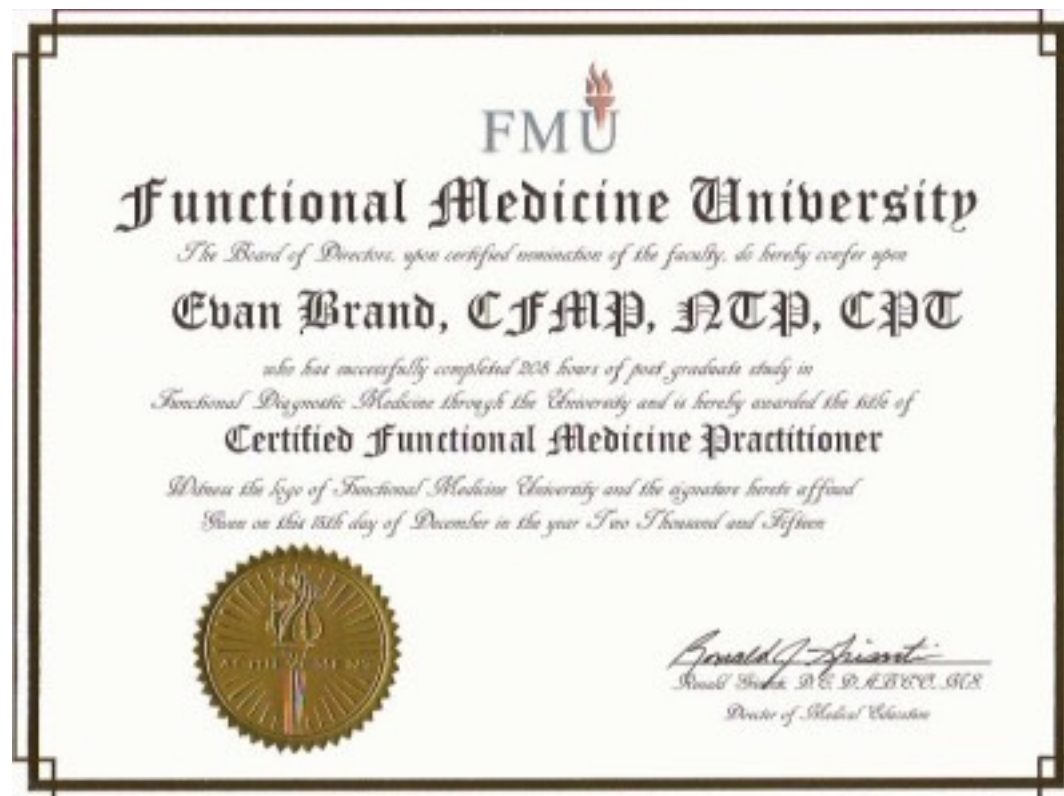


# EVAN BRAND

FUNCTIONAL MEDICINE CLINIC



# AURA



## The data is important as I had...

- Giardia
- Cryptosporidium
- H Pylori
- Candida
- SIBO
- Low Adrenals



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## GI Pathogen Screen with H. pylori Antigen - 401H

Parameter	Result
<b>*** Stool Culture ***</b>	
Preliminary Report	Normal flora after 24 hours
Final Report	* Escherichia coli isolated *
Amount of Growth	Abundant
<b>*** Ova &amp; Parasites ***</b>	
Ova & Parasites #1	No Ova/Parasites detected
Ova & Parasites #2	No Ova/Parasites detected
Ova & Parasites #3	No Ova/Parasites detected
Trichrome Stain	No Ova/Parasites detected
<b>*** Stool Antigens ***</b>	
Cryptosporidium Antigen	* Detected *
Giardia lamblia Antigen	* Detected *



# I cleared the parasites then showed up with H Pylori!

## GI Screen with H. pylori Antigen - 401H

Microscopy			
	Sample I	Sample II	Sample III
<b>Ova/Parasites</b>	No Ova/Parasites Found	No Ova/Parasites Found	No Ova/Parasites Found
<b>Trichrome Stain</b>	No Ova/Parasites Found	Not Applicable	Not Applicable
<b>Yeast</b>	No yeast found	No yeast found	No yeast found
Each stool sample was prepared for microscopic evaluation on wet mount and trichrome stains, utilizing resource-intensive techniques to aid in the analysis and detection of organisms. Yeast, when visibly identified, is reported in terms of predominance on the sample. If 'QNS' is reported, the patient's sample was inadequate for testing purposes.			
Antigens			
	<b>Cryptosporidium parvum</b>	NOT DETECTED	
	<b>Giardia lamblia</b>	NOT DETECTED	
	<b>Helicobacter pylori</b>	DETECTED	



# I had a Candida overgrowth...

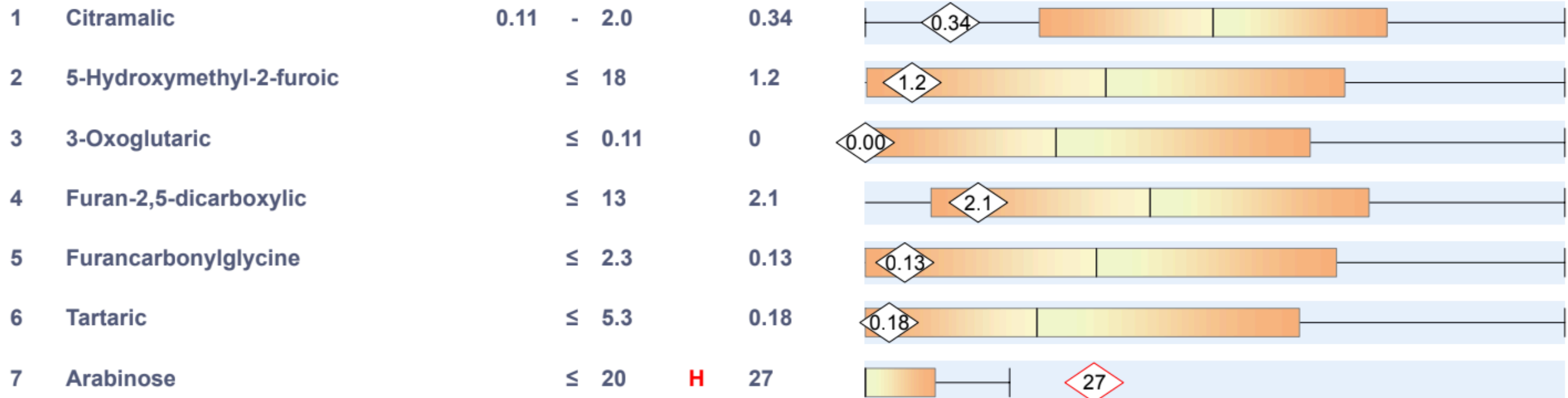


## Organic Acids Test - Nutritional and Metabolic Profile

Metabolic Markers in Urine	Reference Range (mmol/mol creatinine)	Patient Value	Reference Population - Males Age 13 and Over
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### Intestinal Microbial Overgrowth

#### Yeast and Fungal Markers

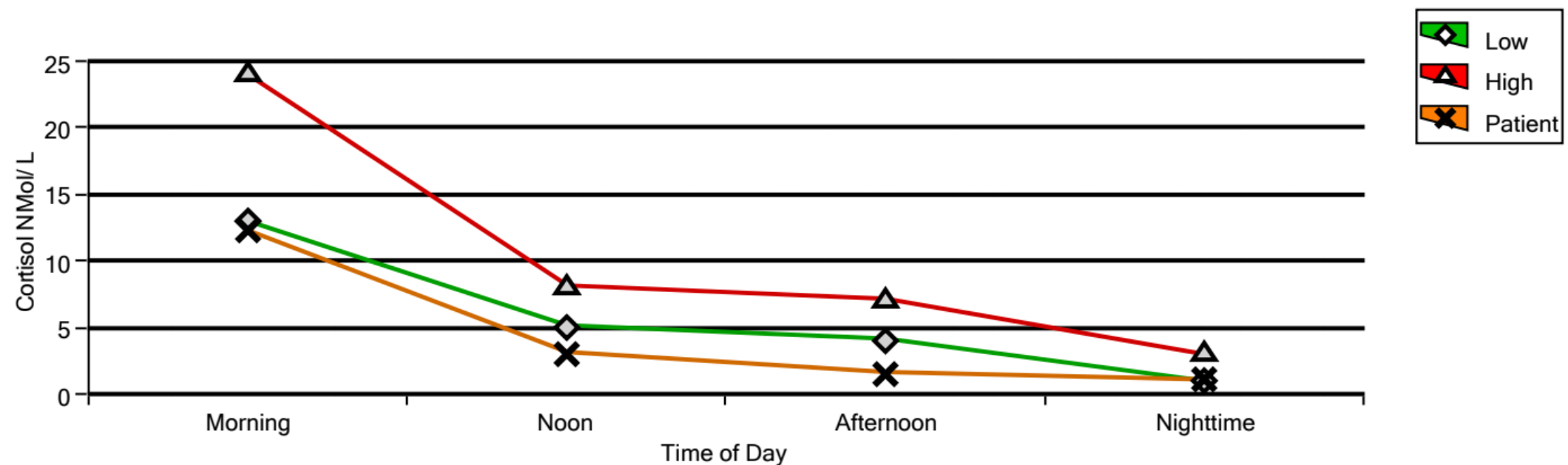




# And adrenal stress...

## Functional Adrenal Stress Profile plus V - 205

Parameter	Result	Reference Range	Units
Cortisol - Morning (6 - 8 AM)	<b>12.3*</b>	13.0 - 24.0	nM/L
Cortisol - Noon (12 - 1 PM)	<b>3.0*</b>	5.0 - 8.0	nM/L
Cortisol - Afternoon (4 - 5 PM)	<b>1.5*</b>	4.0 - 7.0	nM/L
Cortisol - Nighttime (10 PM - 12 AM)	1.1	1.0 - 3.0	nM/L
Cortisol Sum	<b>17.9*</b>	23.0 - 42.0	nM/L
DHEA-S Average	5.92	2.0 - 10.0	ng/mL
Cortisol/DHEA-S Ratio	<b>3.02*</b>	5.0 - 6.0	Ratio

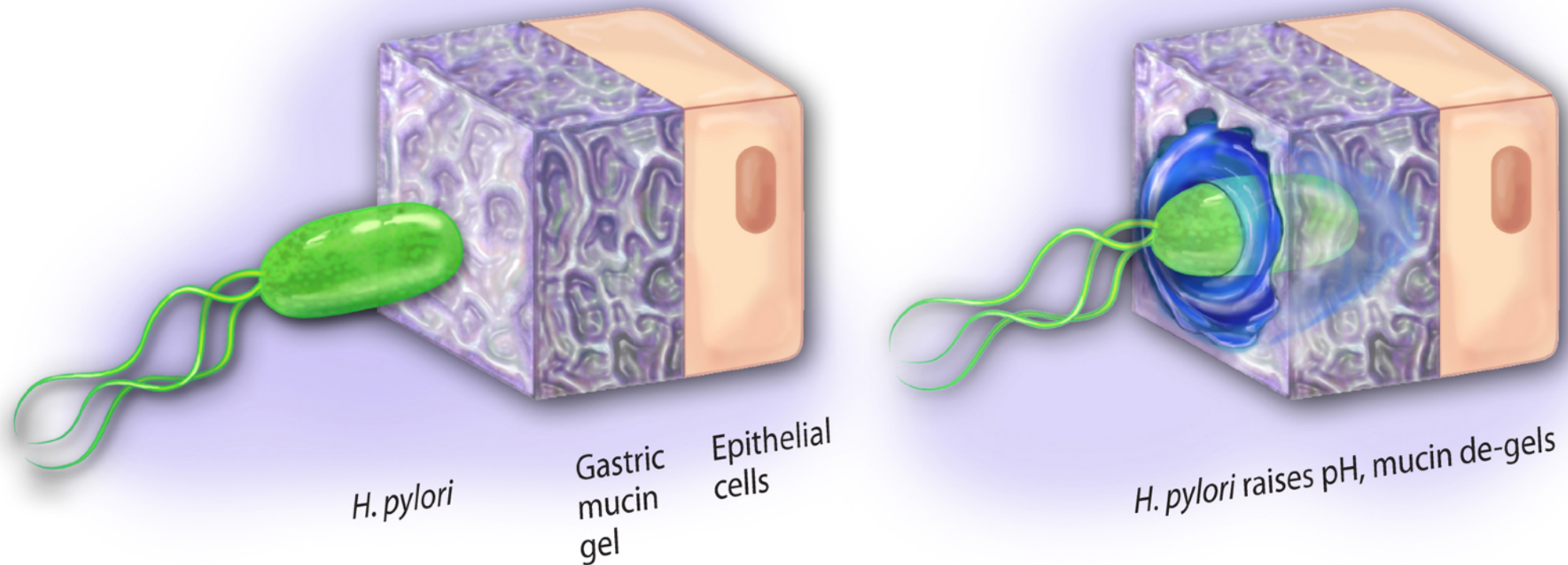




# Let's talk about the H pylori, candida and the gut...



## *H. PYLORI* CROSSING MUCUS LAYER OF STOMACH



## Among 2,000 people I've tested:

- 1 in 2 has candida overgrowth
- 1 in 3 has bacterial overgrowth
- 1 in 3 has parasites
- 1 in 5 has h pylori
- 1 in 5 has autoimmune disease of some sort (Hashi's)
- Nearly all have multiple infection at the same time
- Antibiotics are common in the last 5 years before me



**You can pass bugs via kissing...**



**Including kissing your dog...**





**Or sharing utensils, drinks, etc.**



**You can fix it all :)**



# My Comprehensive Candida Protocol

All supplements available exclusively at <http://auraroots.com>

Candida Protocol	upon rising	with breakfast	mid morning	with lunch	mid afternoon	with dinner	before bed
Adrena Soothe (2 droppers)	1		1				1*
Microbiome Supp 1		2		2		2	
Microbiome Supp 2		2		2		3	
Microbiome Supp 3		2		2		2	
LV GB Support		3					
Pure Digest		2		2		2	

**\*optional**

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Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.